**PHYSICAL ABUSE**

*What is physical abuse?*

Physical abuse is deliberately hurting an individual causing injuries such as bruises, broken bones, burns or cuts. This abuse is deliberate and not done accidentally.

Individuals who are physically abused suffer violence such as being hit, kicked, poisoned, burned, slapped or having objects thrown at them. Sometimes parents or carers will make up or cause the symptoms of illness in their child, perhaps giving them medicine they don’t need and making the child unwell – this is known as fabricated or induced illness.

*How to get help*

Speak to any member of College staff or speak to the College Safeguarding Team on 01226 216142 or via email at [safeguarding@barnsley.ac.uk](mailto:safeguarding@barnsley.ac.uk)

*Other support*

nspcc.org.uk – 0808 800 5000

ChildLine – 0800 1111 (24 hours)