



COACH EDUCATION PROGRAMME

COACHING AWARDS



INTRODUCTION



This booklet will give you a clear overview of the extra qualifications that Barnsley Sports Academy offers to current students. The qualifications have been designed to meet the needs of our students at the appropriate level.

The coach tutors, assessors and verifiers are fully trained and accredited to deliver the best quality courses and learning

environment. Barnsley Sports Academy subsidises the cost of all courses.

You will develop an understanding of the coach pathway of your chosen sport with opportunities for personal and career development. The qualifications we deliver are employer recognised and complement your main study programme.

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COURSE THEMES



The courses consist of lectures, practical sports and coaching activities. You will study the following units:

Prepare for the delivery of coaching activities:

- Taking into account participants' needs and motives.
- Establish a safe working environment.

Deliver prepared activities of the coaching sessions:

- Establish working relationships with participants and others.
- Prepare the participants for the coaching activities.
- Support participants' behaviour.
- Deliver prepared activities.
- Conclude the activities.

Evaluate the effectiveness of coaching activities:

- Review the activities.
- Contribute to the evaluation of participants.
- Continuously develop personal practice.

Gain knowledge and understanding of:

- Safe and ethical coaching practice.
- The types and methods of communication to establish effective working relationships with participants and others.
- Methods to develop participants' performance and enjoyment.
- Adapting coaching practice to meet participants' needs, their abilities and stages of development.
- The methods to evaluate coaching activities and reflect on personal coaching.
- The basic rules of the game including contact, movement and dribbling.
- Introducing the techniques and basic skills.
- Introducing the game to beginners.

OUR COACHING AWARDS



BASKETBALL

Learn to be a great coach who has the ability to work and connect with basketball players, to help them improve and to draw out their potential.

Course	Information
Level 1 Basketball Coaching	<p>This is the basic level of coaching qualification, which gives outline knowledge of basketball and enables the holder to introduce basketball to individuals and groups.</p> <p>You will be able to assist a Level 2 coach but will not be qualified to deliver sessions on your own. This is a great first step on the coaching ladder in a fast-paced, highly technical sport.</p>
Level 2 Basketball Coaching	<p>This course will enable you to plan, prepare, deliver, monitor and evaluate a series of successful coaching sessions.</p> <p>Those who complete this certificate will be able to deliver basketball coaching sessions to adults and children. The qualification is endorsed by the trade association for coaches, UK Coaching, as meeting its UKCC criteria.</p>

FOOTBALL

Learn to be a great coach who has the ability to work and connect with football players, to help them improve and draw out their potential.

Course	Information
FA Level 1 in Coaching Football	<p>The FA Level 1 in Coaching Football provides you with an introduction to coaching the game and working with players from under 7 to open age.</p> <p>You will gain insight into the game in England, how it is played and how you can coach to better support the development of future players. It will provide you with the skills and knowledge to prepare you to coach football at the grassroots level.</p>
FA Level 2 in Coaching Football	<p>In conjunction with Sheffield and Hallamshire County FA this nationally recognised qualification will help you develop an understanding of yourself as a coach, your players and the game itself while learning how to plan, deliver and evaluate a series of progressive football coaching sessions independently.</p>



DODGEBALL

Learn to be a great coach who has the ability to work and connect with dodgeball players, to help them improve and draw out their potential.

Course	Information
Level 1 UK Dodgeball	<p>The Level 1 Coaching Certificate in Dodgeball is designed to enable those with little or no experience in the sport to gain an insight into all aspects of the sport, including coaching, refereeing and development.</p> <p>The course has been designed so that aspiring coaches are fully involved in a practical setting throughout. Coaches will develop their knowledge of the sport, understanding of how to coach the core skills of dodgeball to a variety of ages and how to plan, deliver and evaluate sessions.</p>

HOCKEY

Learn to be a great coach who has the ability to work and connect with hockey players, to help them improve and draw out their potential.

Course	Information
Level 1 UK Hockey	<p>The Level 1 Coaching Certificate in Hockey provides a summary of the key rules of the game and examples of safe and effective delivery within various settings.</p> <p>You will learn the 'How to Coach' and the 'What to Coach' skills needed to teach the techniques of the game at an introductory level. On completion of this course the Level 1 coach will be able to assist the delivery of sessions under the direct supervision of a more qualified coach. You will be able to lead activities planned by a more qualified coach and contribute to the review of these sessions.</p>
Quicksticks Hockey	<p>The Quicksticks course is a two hour practical workshop that introduces 4-a-side game of hockey that can be played on any surface, and uses a larger, lighter and safer ball. It is a fun, fast, safe and exciting game that has been designed so that anyone can deliver the game, regardless of previous hockey experience.</p>

NETBALL

Learn to be a great coach who has the ability to work and connect with netball players, to help them improve and draw out their potential.

Course	Information
Level 1 UKCC Netball	<p>Perfect for those over 16 years old who have a sound knowledge and experience of the game of netball and an understanding of the rules.</p> <p>After you are qualified you will be able to assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision.</p>

TCHOUKBALL

Learn to be a great coach who has the ability to work and connect with tchoukball players, to help them improve and draw out their potential.

Course	Information
Level 1 Coaching Award in Tchoukball	<p>The Level 1 Coaching Award in Tchoukball is designed to provide you with a deeper knowledge and understanding of the following areas:</p> <ul style="list-style-type: none"> • Over 20 brand new technical drills inspired by world leading coaches. • Techniques for enhancing the players' shooting and defending skills from beginners to advanced. • Tactics and formations - how and when to implement in different game situations. • Spotting common technical errors and correcting them to improve player performance. • Teaching games for understanding - strategies to improve your team in game situations. • How to get the best out of your team with limited time/training sessions. • Long term planning and coaching - implementing a month or season long development plan. • Analysis of players and teams in game or skill situations. • Inclusive tchoukball- wheelchair tchoukball and how to play. • Personal advice and guidance for you as a coach during and after the course.

Learn to be a great coach who has the ability to work and connect with rugby union players, to help them improve and draw out their potential.

Course	Information
Play it Safe	This is a basic safeguarding course that all rugby union current and prospective coaches and team managers should do.
Rugby Ready	Rugby Ready aims to raise awareness by providing models of good practice, game context, key points for players, coaching tips, referee tips and a self-check test.
Coaching CARDS	This course explores how coaches can develop players who are creative, aware, resilient, decision makers and self-organisers.
Game Changers	This workshop explores ideas around shaping and sharing meaningful game based practices to effectively facilitate player development within a fun and inclusive environment.
Principles of Attack and Defence	This course is a blend of theory and practical which will look at exploring principles of attack and defence.

All delivered at South Yorkshire club venues.

Please contact 📞 Amanda Sowerby 01226 216 387 for more information.



NOTES

This image shows a full page of primary-ruled paper. It features multiple sets of horizontal dashed lines spaced evenly down the page, providing a guide for handwriting practice. The lines are thin and black, set against a plain white background. There are no margins, text, or other markings on the page.



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