

The Bored Board



*Is this you?
Read on...*

Okay, so you've watched all of Netflix, played all of your old games, finished the internet, eaten all of the food in the fridge and freezer whilst still in your PJs and watched the paint dry from your latest redecorating... Now what?!

FEAR NOT!

We have some suggestions to stop you going crazy, check out our Lockdown Bucket List below!



1. **Physical Exercise**—[Joe Wicks](#) (if you really want a challenge), go for a walk, bike ride, Dance like nobody's watching (and if they do, who cares?!)
2. **Learn something new**—[Woodwork/pallets](#), [knit](#) (start now, have it for winter), [sketch](#), [cook](#), first aid, whatever strikes your fancy!
3. **Life Skills**—Write your CV, Research courses for further education, plan a gap year, learn how to stand on your own two feet (cook, clean, washing, your parents will love it!)
4. **Journal**—write history or just express your feelings
5. **Write and host a quiz for your mates**—[Kahoot](#), Zoom
6. **Start a garden**—you only need a pot if you don't have a garden. Buy some seeds and watch them grow
7. **Play hide and seek**—if you can't fit in the cupboard anymore, use an object from around the house to hide instead
8. **Learn Origami**—here's how to do a [swan...](#)
9. **Adult colouring books**— colouring isn't just for kids you know!
10. **Make an animation**
11. **Take pictures**—scrap book them, record this historic period
12. **Paint**—Anyone can pick up a brush, it doesn't have to be a Rembrandt! Try painting or drawing blindfolded, it's really fun!
13. **Write a story**
14. **Learn to play an instrument**—or, if you don't want to torture your fellow lockdown household members, sign language ([Duolingo](#))
15. **Explore the family albums**—make your family tree?
16. **Try all the recipes in a cookbook**—I refer here to a great film: Julie and Julia... and not all at once obviously, pace yourself!
17. **Apply for a summer job**
18. **eBay your unwanted stuff and make some money!**
19. **Write a letter** to someone you miss and actually post it. They might write back!
20. **Clean/organise your room**—you might rediscover a long lost treasure
21. **Learn to cut hair**—(then come around to my house and sort mine out please, I've not mastered it yet!)
22. **Make a plan for the end of Lockdown**—this won't last forever, let's look ahead!

We'd love to see what you are up to, or the results of trying any of the above suggestions (good or bad!)

Please get in touch: heritagelrc@barnsley.ac.uk or follow us on Twitter: @BCHELIB