**VERBAL ABUSE**

*What is verbal abuse?*

Verbal abuse is the only type of abuse that can affect every single person with any type of communication ability or understanding. An individual may be assaulted by verbal abuse at work, at home, at school, on the road, or walking through a park.

Verbal abuse is the most common way to attempt to control the behaviour, thoughts, and feelings of another human being.

Verbal abuse is not just name calling delivered through speech alone. The definition of verbal abuse can be expanded to include any language or behaviour that seeks to coerce its victim to doubt their perceptions or their abilities and subjugate themselves to the abuser.

*How to get help*

Speak to any member of College staff or speak to the College Safeguarding Team on 01226 216 142 or via email at safeguarding@barnsley.ac.uk

*Other support*

<nspcc.org.uk> – 0808 800 5000

Childline – 0800 1111 (24 hours)