

REVISION PLANNER

AIM HIGH!

ACHIEVEMENT

SUCCESS

STUDY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00-9.45am							
			 BREAK - Fancy a cuppa? 				
10.00-10.45am							
			 BREAK - Grab a healthy snack 				
11.00-11.45am							
			 BREAK - Time for lunch 				
1.00-1.45pm							
			 BREAK - Take a breather 				
2.00-2.45pm							
			 BREAK - Grab a cuppa 				
3.00-3.45pm							
			 BREAK - You are doing really well, keep going 				
4.00-4.45pm							
			 YUM! BREAK - Are you hungry yet?  YUM!				
5.00-5.45pm							
			 BREAK - Revision is paying off, go on treat yourself 				
6.00-6.45pm							
BELIEVE YOU CAN AND YOU'RE HALFWAY THERE							
7.00-7.45pm							

Notes

Dates of my exams

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Don't forget to eat well, get enough sleep and make sure you look after yourself.

REVISION TOP TIPS

To make the most of your revision, here's our top 10 tips to help you get loads done, feel great about yourself and still have plenty of time to relax.

1.

Don't panic that you've not started already! It's never too late to start revising, but the earlier you start the better. Sometimes the hardest thing is just making a start, so go on, do it now!

2.

Plan! Make sure you know which topics you need to revise for each subject. You can find your exam board specifications online to use as a revision list and use our handy revision planner to plot what subjects you need to revise and when you're going to do it.

3.

Be realistic and focused. 45 minutes working followed by 15 minutes rest is a good starting point. Taking regular breaks will help you avoid revision burn-out.

4.

Make sure you study the hardest subjects first and not at the end of the day when you are tired.

5.

Find a quiet place where you won't be distracted so you can concentrate on the subject you are revising. Use our handy Do Not Disturb sign on the back of the covering letter.

6.

Get creative. Don't just read notes, you could make flash cards, mind maps or use post it notes – anything that will help you remember key points.

7.

Test yourself by completing past papers. This will identify areas where your knowledge is strong and the topics you need to concentrate on.

8.

Reward yourself for a good session of revision! This could be your favourite snack or a trip to the cinema.

9.

Ask your friends and family for help. You could ask them to test you on a subject you've been revising. Also, if you share your revision plan with friends or family then you are more likely to stick to it!

10.

Think positive and don't worry. Everyone revises differently, so don't worry if you're doing it differently to your friends.