

# THE PROGRAMME

Once a student enrolls to a College course they will be assigned a Personal Tutor who will work alongside the Programme Manager to tailor a balanced personalised learning programme.

The Programme Manager and Academy staff will liaise closely with Personal Tutors to ensure all students maintain progress within their area of study.

## How to become part of the Sports Academy

No matter which subject area you study, you can also become part of the Sports Academy (subject to meeting the criteria).

If you are not yet a student but you intend to enrol to the College, ask our Information Advisers, your Interviewing Tutor or Student Services to put you in contact with our Sports Performance and Athlete Co-ordinator.

For existing College students who would like to become part of the Sports Academy, contact the Sports Department Reception on ☎ 01226 216 676 or visit [www.barnsley.ac.uk/sports-academy](http://www.barnsley.ac.uk/sports-academy)

Alongside their course, students will undertake six to eight hours of basketball training per week with emphasis on:

- Technical and Tactical Practice
- Strength and Conditioning
- Sport Science Support – Physiotherapy and Rehabilitation, Psychological and Nutritional guidance
- Performance Analysis

Weekly fixtures will take place in the Association of Colleges (AoC) Sport Yorkshire and Humber Basketball League and National Cup. In addition, there will be regular fixtures against other academies to showcase student athlete progress.

## Opportunities

As part of the basketball development programme, student athletes will have the opportunity to access our links with Junior and Senior National League club in England. Students will have access to game footage packages which can be sent to professional teams in Europe and USA universities.

# PROGRESSION

- Career
- Higher Education
- USA Scholarships

- Professional Basketball
- Semi Professional Basketball
- BSA Metros Under 18s

- Additional Qualifications
- Work Experience
- Pastoral Support
- Academic Studies

- Professional Technical and Tactical Coaching
- Strength and Conditioning
- Physiotherapy and Rehabilitation
- Performance Analysis
- Excellent Competition Structure

- Combined Education and Basketball Performance Programme



# BASKETBALL ACADEMY





# BASKETBALL ACADEMY



**Our Basketball Academy offers talented students aged 16-18 the exciting opportunity to mix the court and the classroom with a structured training schedule alongside academic support.**

The academy is open to students who have the desire to pursue a career within the basketball industry.

## AIM

The Basketball Academy will combine education, coaching and life skills, giving student athletes the best opportunity to succeed. Coaching and education will be delivered by former professional basketball coach, Ariel Parrucci, a specialised sports science support team and an outstanding teaching team.

**Whilst each of our Sports Academies will function in their own unique way, each will provide:**

- Expert technical and tactical coaching
- Performance analysis
- Physiological conditioning
- Psychological workshops
- Nutritional advice, guidance and support
- Access to sports therapy
- Opportunities to gain additional sports qualifications

## FACILITIES

Our Academy players have access to top class facilities in the Barnsley Sports Academy, supporting players to perform at elite level. State-of-the art facilities include:

- Multi-use games area
- Two sports halls with performance standard sprung flooring
- Two state-of-the-art fitness centres
- Sports science and physiology lab equipped with the latest performance analysis software
- Specialist sport massage suite
- Conference and meeting rooms
- 16 classrooms fully equipped with interactive and specialist technology

### Development Workshops

- Nutritional advice, guidance and support
- Access to sports therapy
- Opportunities to gain additional sports qualifications

## COACHING TEAM



### Luke Forgione

Performance and Athlete Development Co-ordinator

☎ 01226 216 387

✉ l.forgione@barnsley.ac.uk



### Ariel Parrucci

Head Basketball Coach

☎ 01226 216 387

✉ a.parrucci@barnsley.ac.uk



### The Elite Sports Performer Bursary

The Barnsley College Sports Academy is committed to supporting elite athletes, combining sporting and academic excellence, and has a number of sports bursaries to award to our elite athletes who meet specific criteria.