




STRESS AWARENESS MONTH

Join our poster competition to be in with a chance of winning a **£20 Barnsley Voucher** and your poster being shared on our social media account.

Your poster can include details of how to look after yourself when you are stressed, the signs and symptoms of stress or just a general awareness poster to showcase the importance of recognising stress.

Please send all submissions to **hwbc@barnsley.ac.uk**, please remember to include your student number.



COMPETITION CLOSES ON
THE 05/05/2023

