



# BASKETBALL ACADEMY

**Our Basketball Academy offers talented students aged 16-18 the exciting opportunity to mix the court and the classroom with a structured training schedule alongside academic support.**

Alongside their course, students will undertake six to eight hours of basketball training per week with emphasis on:

- > Technical and Tactical Practice
- > Strength and Conditioning
- > Sport Science Support – Physiotherapy and Rehabilitation, Psychological and Nutritional guidance
- > Performance Analysis

Weekly fixtures will take place in the Association of Colleges (AoC) Sport Yorkshire and Humber Basketball League and National Cup. In addition, there will be regular fixtures against other academies to showcase student athlete progress.

Our Academy players have access to top class facilities in the Barnsley Sports Academy, supporting players to perform at elite level. State-of-the art facilities include:

- > Professional training from a qualified basketball coach
- > Two basketball courts
- > Two gyms
- > Video analysis
- > Structured training schedule
- > Match analysis
- > Sports therapy
- > Strength and conditioning facilities
- > Sports massage suite



## THE ELITE SPORTS PERFORMER BURSARY

The Barnsley College Sports Academy is committed to supporting elite athletes, combining sporting and academic excellence, and has a number of sports bursaries to award to our elite athletes who meet specific criteria.



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For more information please email Luke Forgione at:  
✉ [l.forgione@barnsley.ac.uk](mailto:l.forgione@barnsley.ac.uk)