Sport

Sport: Physical Activity, Health and Exercise BSc (Hons) Top-up (Full-time)

In Brief

Start Date / Duration

This course starts again in September 2024 and runs for one year, you will study for 2-3 days per week.

Entry Requirements

You will need to complete a formal application on the UCAS website and attend an informal interview to ensure that the course meets your needs and interests. You must be able to demonstrate:

- A commitment to either physical activity, health and exercise and/or the wider fitness industry and be committed to your own personal development
- Experience of working in these sectors in an appropriate capacity
- An ability to work both independently and as part of small groups in both practical and academic settings

You must have completed a relevant Level 5 qualification with an achievement average of at least 50% and be able to demonstrate an ability to work both independently and as part of small groups in both practical and academic settings

You will achieve

Physical Activity, Health and Exercise BSc (Hons) Level 6 Top-up Degree, this qualification is validated by Leeds Trinity University.

You will be required to undertake a satisfactory Disclosure and Barring Service check

Course Overview

This Top-Up Degree is for students wishing to convert their Foundation Degrees or Higher National Diplomas into full Degrees at Level 6. Some example careers you may wish to progress into include Teaching, Health Promotion, Exercise Instruction, Health and Wellbeing and Physical Activity Leadership (among others). The course adopts a range of contemporary methods of delivery and assessment to assess your understanding of key concepts. Individualised and regular work experience and professional development are important parts of the course and something of which all students will be required to partake in, in addition to understanding the critical research process. The course tutors, class sizes and approach to personal tutoring offer a more personalised level 6 learning and higher education experience.

Course Content

The programme will consist of small lectures, theory seminars, discussion groups and workshops as well as project work, reflection and independent study. You will be required to work in groups as well as independently. You will be required to plan, deliver and evaluate in a range of practical settings and environments as well as prepare for classes by research and completing activities as directed by the course tutors.

You will be encouraged throughout the curriculum to be active in your skills-development and may have the opportunity to be involved in the wider work of the College's Health and Fitness or Sport Academies or Physical Activity and Sports Development team.

Core Modules:

Dissertation (40 credits)

Special Populations and Physical Activity (20 credits)

Exercise and Health in the Digital World (20 credits)

Professional Context Project (20 credits)

Optional Modules:

Student must choose one.

Physical Activity and Health for Young People (20 credits)

Health Trainer and Behaviour Change (20 credits)

Some courses may offer optional modules. The availability of optional modules may vary from year to year and will be subject to minimum student numbers being achieved. This means that the availability of specific optional modules cannot be guaranteed. Optional module selection may

also be affected by staff availability.

How will I be assessed?

There are no formal examinations and most modules are likely to be assessed via a variety of coursework methods. Coursework assessments are likely to include essays, reports, presentations, professional meetings, research and reflections and group activities as well as undertaking a Dissertation which includes a Research Proposal and Ethics submission.

What Equipment Will I Need?

You will need writing materials, paper, pens and folders. Students will be required to purchase branded kit/uniform required for the course (including suitable indoor and outdoor footwear). Students will require a reliable storage device (USB) and access to a computer and an internet connection at home would be an advantage. Students are advised to bring laptops, tablets or smart devices to support learning that takes place in lessons. Students may also wish to take advantage of additional CPD opportunities (for example: Governing Body Awards or Personal Training packages) and/or relevant educational visits that may incur a fee.

Where will I study?

Honeywell Campus and SciTech Digital Innovation Hub

What can I do next?

Students will develop intellectual, practical and employability skills throughout the course, including (but not limited to): analytical techniques, approaches to solving problems, effective communication, subject-specific practical skills, approaches to undertaking research and business and sector awareness.

The skills developed through the course are transferable into a range of employment scenarios and students will be given support in aiding smooth progression into employment. The degree also nicely-places students who wish to progress onto further and higher study at MA/MSc level or PGCE qualifications in an appropriate area.

How much does the course cost?

Course fees: £5,995 per year for those that enrol in September 2024. £6,165* per year for those that enrol in September 2025 (*maximum fee per year is subject to approval).

Extra information

Disability and Dyslexia Service (DDS) Higher Education

We offer a service to any student who has a diagnosis of anything persistent or long-term which might interfere with how they study and manage their day-to- day academic engagement. The service is flexible and shaped around the needs of each individual; it might be consistent support or intermittent support.

For further information please refer to our website. [https://www.barnsley.ac.uk/higher-education/dds-at-higher-education/]

HE Student Finance

As a Higher Education student living in England you may be eligible for the non-means tested Tuition Fee Loan from the Government. For further details go to: www.direct.gov.uk/studentfinance [http://www.direct.gov.uk/studentfinance]

You may also be eligible for a Maintenance Loan. See the Government website [https://www.gov.uk/student-finance] for up-to-date details.

Students with children or dependant adults may qualify for a Childcare Grant or Adult Dependants' Grant. Students can apply for these at the same time as applying for a Maintenance Loan.

Remember: Eligible students will not have to pay tuition fees in advance and can apply for the Maintenance Loan before they start the course.

Apply online at www.direct.gov.uk/studentfinance [http://www.direct.gov.uk/studentfinance]

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [https://www.barnsley.ac.uk/our-departments/sport/sports-academy/] .

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 15th February 2024

Want to apply?

Visit **https://www.barnsley.ac.uk/apply** to get started
Call us on **01226 216 123**