

Foundation Learning

Positive Moves: Next Steps Programme

In Brief

Start Date / Duration

To be confirmed This course runs for 17 weeks, Thursday and Friday 9.00am-4.30pm

Entry Requirements

There are no entry requirements

You will achieve

You will achieve:
Employability Level 1 qualification

Course Overview

This brand new FREE study programme is aimed at young people aged 16-18 years who may feel uncertain about their future and anxious about taking that next step. (may include trips, visits and volunteering off-site if relevant)

In **Barnsley**, we have three venues available;

Cudworth, Goldthorpe and The Hoyland Centre (High Croft, Hoyland, S74 9AF),

We also have venues in;

Doncaster Cantley Education Hub – Cantley Community Centre, Goodison Boulevard, Doncaster, DN4 6DF

Mansfield Chaucer House Commercial Street, Mansfield, NG18 1EE

The Positive Moves courses will run two days per week and has been tailored to those who might feel anxious or nervous about continuing their education in a larger college environment.

Course Content

This programme has been designed to support young people who may feel that they need help in overcoming barriers to take the next steps into a positive life or career. The programme will help and support you to overcome those barriers and develop strategies for positive wellbeing and boost your confidence.

- Help and support to overcome barriers
- Develop strategies for positive wellbeing and mindfulness
- Teamwork activities
- Boost confidence, social skills and nurture your strengths
- Improve your Maths and English skills
- Gain a Level 1 Employability qualification
- Additional home study work will be set to enhance and extend learning
- Receive help and support to prepare you for that next step (education, apprenticeship or employment)

How will I be assessed?

The employability qualification is assessed through the completion of workbooks.

What Equipment Will I Need?

All equipment will be provided.

Where will I study?

What can I do next?

Gain a job, move into further education or apprenticeships.

How much does the course cost?

This course is free for 19+ students subject to them meeting the requirements of the college's fee waiver policy

16 – 18 year olds

Full-time Barnsley College students aged 16-18 years old do not have to pay tuition fees.

Financial support

You may be eligible for assistance with expenses such as travel, books, equipment and childcare. For further information please contact the Student Services Team on +44 (0)1226 216 114.

Extra information

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Additional Learning Support

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 17th June 2021

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**