

Sport

Dry Needling Part-time

In Brief

Start Date / Duration

This course will run in June 2024. It will run on Thursday evenings 6pm - 9pm. This course will take 4 weeks to complete.

Entry Requirements

You will need to hold a Level 3 Certificate in Sports Massage (Soft Tissue Therapy) or equivalent.

You will achieve

Barnsley College certificate in Dry Needling.

Course Overview

This is an essential course for any healthcare professional looking to provide dry needling for their clients. This course enhances your knowledge and skills in sports therapy to enable you to correctly treat the common patterns of dysfunction with injuries.

Course Content

The areas of study are:

- History of dry needling and current research
- Theory and benefits of dry needling in relation to injury
- Application of use within injury treatment
- Contraindications and health and safety considerations
- Demonstration and practise of dry needling with links to common injuries
- Treatment areas with links to injury across various areas of the upper and lower body

How will I be assessed?

Practical demonstration.

What Equipment Will I Need?

You will need to bring pens and stationery as well as training clothes.

Where will I study?

Honeywell Sports Campus
Honeywell Lane
Barnsley
S75 1BP

What can I do next?

Professionally, successful achievement of this course will allow you to enhance the range of treatments you offer within your organisational setting such as a sports club or alternatively in a self-employed environment.

How much does the course cost?

This course costs £250. There is no funding available for this course.

Extra information

Full Fee Payable

If the course is listed as full fee payable, you will have to pay for the course.

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/our-departments/sport/sports-academy/>].

Additional Learning Support

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 17th July 2023

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**