

# Sport

## Sports Coaching and Development: Pathway 3 Football Development Level 3 Full-time

## In Brief

#### Start Date / Duration

This course will start in September 2024 and will be completed in two years. Five GCSEs at grade 4 or

**Entry Requirements** 

above including English **OR** Level 2 in Sport with a Merit/Distinction profile plus English at grade 4 or above.

#### You will achieve

Level 3 Sports Coaching and Development BTEC Extended Diploma validated by Pearson.

## **Course Overview**

This course will prepare you for work in the football industry and associated industries including sport, physical activity, health, leisure, media and business. You will develop the knowledge, skills and behaviours required for progression to Higher Education, employment, apprenticeships or to use your entrepreneurial skills to create your own enterprise.

You will keep up-to-date with the ever changing football industry, with the implementation of using digital technologies to help develop players and teams technical and tactical awareness. Furthermore, you will develop understanding of the knowledge of the game by working closely with UEFA B licenced coaches and having consistent experience with high quality coaching, which will help build your knowledge of the best practice for coaching.

Finally, you will be expected to engage within the community, by either gaining part-time employment or volunteering with local stakeholders who are part of the football industry (4G1, Momentus, Barnsley FC, Barnsley Women's FC and Reds in the Community) or grassroot clubs affiliated with the Sheffield and Hallamshire FA and links with local semi-professional teams (Penistone Church FC, Worsbrough Bridge FC, Stocksbridge Park Steeles FC and Athersley Recreation FC).

## **Course Content**

- Technical and Tactical Skills in Football
- Applied Football Coaching Skills

- Practical Football Application
- Football Analysis
- Careers in Sport and Active Leisure
- Health, Wellbeing and Sport
- Developing Coaching Skills
- Research Project
- Sport Development
- Self Employment in Sport and Physical Activity
- Practical Sports Application
- Technical and Tactical Skills in Sport
- Fitness Training and Testing
- Applied Coaching Skills
- Nutrition for Physical Performance
- Sports Psychology

#### **Barnsley Sports Academy**

You will also given opportunity to represent the Barnsley Sports Academy [https://www.barnsley.ac.uk/our-departments/sport/sports-academy/] football teams, by either participating in one of the male teams or female team. Students who do not wish to play will be given opportunity to be part of the Barnsley Sports Academy workforce, where they can either assist in coaching, delivering small projects such as inclusive football, performance analysis by utilising state of the art technology. Students who represent the football teams must take part in two technical/tactical sessions, one performance analysis session and one strength and conditioning delivered by on-site personal trainers once a week.

## How will I be assessed?

Assessment will occur continually throughout the programme. You will have unit assignments to complete and will be assessed on your practical ability. You will also have time-constrained assignments, as well as oral presentations. Each individual unit and the full award are graded at Pass, Merit or Distinction.

## What Equipment Will I Need?

All Sport students will be expected to wear a Barnsley Sports Academy (BSA) hooded top\* and polo shirt\*, along with dark tracksuit bottoms and sports trainers. During practical sessions, kit will consist of a Barnsley Sports Academy t-shirt\*, dark shorts and sports trainers. Non-regulation clothing/footwear is not permitted. Students will also require ring-binders, writing materials, paper/stationery and core textbooks.

Barnsley Sports Academy clothing marked with an asterisk(\*) can be purchased from the Sports Centre Reception.

## Where will I study?

Honeywell Sports campus Honeywell Lane Barnsley S75 1BP

## What can I do next?

This qualification is designed to enable candidates to progress into Higher Education. Alternatively, you may wish to enter employment within the sports industry.

See what careers are available in the Sport

[https://www.barnsley.ac.uk/app/uploads/2023/10/Sport-careers-2023-24.pdf] sector. Use our online careers tool, Career Coach [https://barnsley.lightcastcc.com/?radius=&region=Barnsley], to find out what your next steps could be.

## How much does the course cost?

#### 16 – 18 year olds

Full-time Barnsley College students aged 16-18 years old do not have to pay tuition fees.

## **Financial support**

You may be eligible for assistance with expenses such as travel, books, equipment and childcare. For further information please contact the Student Services Team on +44 (0)1226 216 267.

## **Extra information**

#### **Contact the Information Unit**

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

#### Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [https://www.barnsley.ac.uk/barnsley.ac

#### **Additional Learning Support**

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

#### Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 1st February 2024

Want to apply?

Visit **https://www.barnsley.ac.uk/apply** to get started Call us on **01226 216 123**