

Sport

Sport Level 3 Full-time

In Brief

Start Date / Duration

This course starts in September 2019 and will be completed in two years.

Entry Requirements

- You will require five GCSEs at grade 4/C including GCSE English
- Alternatively, you will have successfully completed the Pearson Level 2 Diploma in Sport with a merit/distinction profile
- Active involvement and a keen interest in both sport and general fitness are essential
- As your studies will involve you working with and coaching children, you will be required to undertake a Disclosure and Barring Service (DBS) check (formerly known as Criminal Record Bureau check)

You will achieve

- BTEC Level 3 Extended Diploma in Sport
- Level 2 Award in Community Sports Leadership
- Level 3 Certificate in Higher Sports Leadership
- Active IQ Level 1 Award in Active Healthy Living
- Recognised Governing Body Coaching Awards
- Functional Skills – Level and subject to be determined

Course Overview

This course is ideal if you would like to pursue a career in the Sport and Leisure industry including Sport Development Officer, Sport Performer and Coaching, PE Teaching or Working in the Health, Fitness and Exercise Industry. This course covers the organisation and administration of sport, together with the planning of sports activities. You will study practical skills and increase your theoretical knowledge in relation to planning, conducting and evaluating coaching sessions.

Course Content

The programme consists of lectures, practical sports and coaching activities. You will be required to participate in oral presentations, field-trips/ residential, visits, tutorials, individual research and group work. In addition to general class work, you will be expected to use a range of textbooks for research purposes, as well as the IT facilities in the Learning Resource Centre. There will also be a variety of opportunities for you to gain additional qualifications including coaching and fitness and instructing awards. You will also be encouraged to take part in the College sports teams and recreational sporting activities within the structured College programme.

The programme covers 19 units over a two year period.

Year 1

- The Principles of Anatomy and Physiology in Sport
- The Physiology of Fitness
- Assessing Risk in Sport
- Fitness Training and Programming
- Sports Coaching
- Sports Development
- Fitness Testing
- Practical Team Sports
- Exercise Health and Lifestyle
- Sports Facilities and Operational Management

Year 2

- PE and Care of Children and Young People
- Practical Individual Sports
- Leadership in Sport
- Current Issues in Sport
- Psychology for Sports Performance
- Instructing Physical Activity and Exercise
- Sport as a Business
- Organising a Sports Event
- Work Based Experience in Sport

You will also be given the opportunity to obtain Functional Skills qualifications in ICT, English and/or maths at an appropriate level.

How will I be assessed?

Assessment will occur continually throughout the programme. You will have unit assignments to complete and will be assessed on your practical ability. You will also have time-constrained assignments, as well as oral presentations. Each individual unit and the full award are graded at Pass, Merit or Distinction.

What Equipment Will I Need?

All Sport and Public Services students will be expected to wear a Barnsley Sports Academy (BSA) hooded top* and polo shirt*, along with dark tracksuit bottoms and sports trainers. During practical sessions, kit will consist of a Barnsley Sports Academy t-shirt*, dark shorts and sports trainers. Non-regulation clothing/footwear is not permitted. Students will also require ring-binders, writing materials, paper/stationery and core textbooks.

Barnsley Sports Academy clothing marked with an asterisk(*) can be purchased from the Sports Centre Reception.

Where will I study?

Honeywell Sports Campus
Honeywell Lane
Barnsley
S75 1BP

What can I do next?

This qualification is designed to enable candidates to progress into Higher Education. Alternatively, you may wish to enter employment within the sports industry.

How much does the course cost?

16 – 18 year olds

Full-time Barnsley College students aged 16-18 years old do not have to pay tuition fees.

19+ Students

Aged 19 or over and thinking about further education? You may be eligible for free or reduced course fees . Please refer to our page '[paying for your course.](#)'

Financial support

You may be eligible for assistance with expenses such as travel, books, equipment and childcare. For further information please contact the Student Services Team on +44 (0)1226 216 114.

Extra information

Advanced Learner Loans

This course may be eligible for an Advanced Learner Loan. Contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk] . about eligibility and how to apply. You can also visit the Advanced Learner Loan [<https://www.barnsley.ac.uk/courses/paying-for-your-course/advanced-learner-loans/>] page.

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/our-departments/sport/sports-academy/>].

Additional Learning Support

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 20th September 2018

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**