

# Sport

## Sports Coaching, Physical Education and Health Foundation Degree (Part-time)

### In Brief

#### Start Date / Duration

This course starts in September 2025. You will study for 1-2 days per week. This course will take three years to complete.

#### Entry Requirements

All students will need to be 18 years of age or over and will complete a formal application and will be invited to attend an informal discussion interview to ensure that the course meets the applicant's needs and interests; this may be on the telephone or face-to-face. All applications are considered individually. You must be able to demonstrate a commitment to either coaching, physical education or the sports-related development sectors. You should be committed to their own personal, professional and academic development.

- You should have completed a suitable Level 3 qualification and be able to demonstrate an ability to work independently, in groups and be able to work with tutor support and guidance in both practical and academic settings.
- You will need GCSE English at grade C/grade 4 (or an alternative equivalent)
- You without such formal applications are very much encouraged to apply, particularly from applicants who can demonstrate commitment and 'work-related' experience that is appropriate

As your course may involve you working with and delivering activities to a range of age groups, you may be required to undertake a satisfactory Disclosure and Barring Service check (DBS)

#### You will achieve

Sports Coaching, Physical Education and Health Foundation Degree.

## Course Overview

Our programme combines flexible learning, strong employer connections, and practical support for adult students. Career paths include PE Teacher, Public Health Officer, and Sports Coach. Individualised work experience is a key component. Our hybrid-flexible modality allows you to balance study with work and other commitments. Classes feature lectures, seminars, and practical sessions. Engage in skills development and community work through local organisations and sports agencies.

Course highlights:

### Year 1 (Level 4/5):

- Instructing Physical Activity and Exercise
- Fundamentals of High-Quality Coaching
- Introduction to Academic Research Skills
- Physical Education School Sport and Physical Activity

### Year 2 (Level 4/5):

- Psychology of High-Performance
- Developing Innovative Skills for Industry
- Physical Education and Curriculum Studies
- Innovative Sports Coaching Pedagogies

### Year 3 (Level 5):

- Employability, Enterprise and Creativity
- Mental Health and Wellbeing
- Practical and Innovative Research Skills

**Students are required to choose 20 credits from:**

- Outdoor Explorations for Health and Education (Optional)
- Data Analytics in Health, Sport and Education (Optional)

## Course Content

### How will I be assessed?

Assessment will be varied and devised by teachers to best meet the needs of students and the course with most units assessed via coursework. Coursework assessments could take any form but are likely to include essay, reports, presentations, professional discussions, research, group activities as well as practical assessment, evaluation and reflection.

### What Equipment Will I Need?

You will need writing materials, paper, pens and folders. Students will require suitable practical kit (including suitable indoor and outdoor footwear) as well as a whistle and clipboard for assessment

activities. Students will require a reliable storage device (USB) and access to a computer and an internet connection at home would be an advantage. Students are advised to bring laptops, tablets or smart devices to support learning that takes place in lessons. Students will be required to purchase branded kit for practical, community coaching and teaching work.

## Where will I study?

SciTech Digital Innovation Centre  
Falcon Street  
Barnsley  
S70 2EY

## What can I do next?

It is anticipated that some students may progress on to undertake sports-related degrees such as our BA (Hons) Top-Up Degree in Sport Coaching, Physical Education and Health and other similar qualifications, or to related employment. The skills developed through the course are transferable into a range of employment scenarios and students will be given support in aiding smooth progression.

## How much does the course cost?

Course fees: £3,450\* per year for those that enrol in September 2025 (\*subject to approval from the Office for Students).

## Extra information

### Join Honeywell Sports Village

We have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates.

### Disability and Dyslexia Service (DDS) Higher Education

We offer a service to any student who has a diagnosis of anything persistent or long-term which might interfere with how they study and manage their day-to-day academic engagement. The service is flexible and shaped around the needs of each individual; it might be consistent support or intermittent support.

For further information please visit the Disability and Dyslexia Service (DDS) [<https://www.barnsley.ac.uk/higher-education/dds-at-higher-education/>] web page for more information.

### HE Student Finance

As a Higher Education student living in England you may be eligible for the non-means tested Tuition Fee Loan from the Government and a Maintenance Loan.

Students with children or dependant adults may qualify for a Childcare Grant or Adult Dependants' Grant. Students can apply for these at the same time as applying for a Maintenance Loan.

Remember: Eligible students will not have to pay tuition fees in advance and can apply for the Maintenance Loan before they start the course.

Visit the Student Finance page on the Government website [<https://www.gov.uk/browse/education/student-finance>] for further details and to apply.

## Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk) [<mailto:info@barnsley.ac.uk>]

## Want to join Barnsley Sports Academy and Honeywell Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/barnsley-sports-academy/>].

## Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

**Last updated:** 16th January 2025

### Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**