

# Sport

## Sports Massage Level 4 Part-time

### In Brief

#### Start Date / Duration

The course will start in February 2025. Days and times are to be confirmed. This course will take 11 weeks to complete.

#### Entry Requirements

Level 3 Certificate in Sports Massage (Soft Tissue Therapy)

#### You will achieve

Active IQ Level 4 Certificate in Sports Massage (Soft Tissue Therapy)

### Course Overview

The Active IQ Level 4 Certificate in Sports Massage Therapy qualification provides you with the knowledge and skills needed to be able to treat and/or seek to correct common patterns of dysfunction and suitable pre-diagnosed injuries.

### Course Content

- Applying neuromuscular and soft tissue mobilisation techniques
- Conducting an objective physical assessment
- Prescribing corrective exercise to support the treatment of common injuries/soft tissue dysfunction

### How will I be assessed?

- Multiple choice question paper
- Worksheets
- Practical demonstration/assignment
- Coursework/portfolio of evidence

### What Equipment Will I Need?

Manuals and learner assessment portfolios are provided. You will need to bring pens and stationery as well as training clothes and trainers.

## Where will I study?

Honeywell Sports campus  
Honeywell Lane  
Barnsley  
S75 1BP

## What can I do next?

This qualification enhances knowledge and skills in sports massage to be able to treat correctly the common patterns of dysfunction with injuries.

Successful achievement of the qualification will allow the learner to gain employment within an organisational setting such as a sports club or alternatively in a self-employed environment.

## How much does the course cost?

This course costs £800. You can apply for an Advanced Learner Loan to cover the cost of this course. Please see the drop-down option below for more details. There is no other funding available for this course.

## Extra information

### Advanced Learner Loans

This course may be eligible for an Advanced Learner Loan. Contact our friendly Information Team on +44 (0)1226 216 123 or email [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk) [mailto:info@barnsley.ac.uk] . about eligibility and how to apply. You can also visit the Advanced Learner Loan [<https://www.barnsley.ac.uk/courses/paying-for-your-course/advanced-learner-loans/>] page.

### Full Fee Payable

If the course is listed as full fee payable, you will have to pay for the course.

### Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk) [mailto:info@barnsley.ac.uk]

## Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/our-departments/sport/sports-academy/>] .

## **Additional Learning Support**

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

## **Disclaimer**

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

**Last updated:** 11th April 2024

### **Want to apply?**

Visit <https://www.barnsley.ac.uk/apply> to get started  
Call us on **01226 216 123**