

# Health, Science and Social Care Professions

## Counselling Skills Level 2 Part-time Daytime

### In Brief

#### Start Date / Duration

This course is due to start in September and will run for 10 weeks on Tuesdays 1pm - 4pm, subject to change.

#### Entry Requirements

You must be aged 19 or over. There are no specific recommended prior learning requirements for this qualification, however, you may find it helpful if they have already achieved a Level 1 qualification. The ability to complete written assignments using an acceptable level of English language is required.

#### You will achieve

NCFE Level 2 Certificate in Counselling Skills.

### Course Overview

This qualification aims to introduce learners to the use of counselling skills in everyday life and work, and some of the approaches that underpin the use of these skills. This qualification gives learners the opportunity to investigate the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately.

This qualification is useful for anyone who would like to develop their use of counselling skills for use in either work or a personal capacity. There may be learners who wish to progress towards further qualifications or learners who wish to study this programme in order to complement other programmes (health and social care, children's care, learning and development, voluntary and community work).

This qualification does not qualify learners to practice as a counsellor.

### Course Content

To be awarded the Level 2 Certificate in Counselling Skills, learners are required to successfully complete 4

mandatory units:

- Unit 01 Using counselling skills
- Unit 02 Introduction to counselling skills theories
- Unit 03 Diversity and ethics in the use of counselling skills
- Unit 04 Counselling skills and personal development

Note to applicants: In this course you will be expected to talk about yourself in a classroom environment. As this is an introduction to the Counselling training you need to be aware that you will be expected to do a lot of self-reflection and this could result in highlighting things that have happened and impacted on your life. You need to think carefully before embarking on this course to ensure that it is the right course for you at this time in your life, as it will not be a place for you to have group therapy – it will be an academic/teaching course that will help you learn and develop counselling skills. Students will need to be prepared to seek outside help/college counsellor if it becomes apparent (or if the tutor advises) that they need to ensure their own emotional safety.

## How will I be assessed?

The Level 2 Certificate in Counselling Skills is internally assessed. There are no examinations, but there will be an assessment of practical skills through role play scenarios.

## What Equipment Will I Need?

You will be given a booklet. Books are available in the Learning Resource Centre. All you need to bring is a pen and notepaper.

## Where will I study?

Old Mill Lane campus  
Church Street  
Barnsley  
S70 2AX

## What can I do next?

This course is likely to lead on to the level 3 certificate in Counselling.

This qualification does not qualify you to practice as a counsellor; however, it can support progression within employment for the following job roles due to the transferable nature of counselling skills:

- Support worker (supported living)
- Healthcare support service worker
- Clinical healthcare support worker
- Healthcare assistant
- Mental health support worker
- Mental health outreach worker
- Substance misuse worker
- Information, advice and guidance worker
- Health education/Health promotion worker

- Care assistants/Support workers/Key workers in residential settings
- Healthcare assistants/Support workers in community and primary care environments
- Healthcare assistants/Support workers in acute health environments

## How much does the course cost?

This course costs £400. This course may be FREE to study depending on your circumstances – please see the drop-down option below for more details.

### 19+ Students

Aged 19 or over and thinking about further education? You may be eligible for free or reduced course fees . Please refer to our page '[paying for your course.](#)'

## Financial support

You may be eligible for assistance with expenses such as travel, books, equipment and childcare. For further information please contact the Student Services Team on +44 (0)1226 216 267.

## Extra information

### Eligibility for Funding

Part-time courses are only available for learners who are 19 years old and above. You may not have to pay for this course if you are employed but earn below £21,255 a year, or if you receive Job Seekers Allowance, Employment and Support Allowance or Universal Credit. If you are unemployed, actively seeking employment and receive Council Tax Benefit, Housing Benefit, Income Support or WFTC then you may also receive funding for this course. You will need to provide evidence of your eligibility which will be checked at enrolment.

This course is funded by South Yorkshire Mayoral Combined Authority (SYMCA) and/or West Yorkshire Combined Authority (WYCA). You must be living in the South or West Yorkshire regions to qualify for funding.

### Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk) [mailto:info@barnsley.ac.uk]

### Additional Learning Support

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

### Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

**Last updated:** 22nd April 2024

## Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started  
Call us on **01226 216 123**